

SCI CONSORTIUM QUARTERLY CONNECTIONS

MESSAGE FROM CENTRAL TEAM

It was great to see people face-to-face and make personal connections with those at the National Conference and the Summit!

We are excited to announce the expansion of the Consortium with sites located in Newfoundland and Thunder Bay. We also like to welcome the additional members at London. Now that we have clear directions on our updated funding and are focused on learning and working together across the country, we are happy to share another edition of Quarterly Connections. As a group, we continue to work towards the Community participation domain and the 18-month follow-up.

In this issue we highlight the new sites and members, SCIO's education resource on intermittent catheterization, the new patient advisory council that was introduced at the Summit, and more. The central team is expanding and bringing Knowledge Mobilization principles into our work as we continue our focus on implementation science. Currently, we are characterizing the practices to be implemented through practice profiles and this is a critical foundation in setting up the next steps.

If anyone has something they would like to highlight for future issues - see the last page for info on providing content!



Content:

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INTRODUCING NEW SITES

We are pleased to introduce two new sites to the SCI IEQCC! Welcome **Thunder Bay** and **Newfoundland** to the team and all the new members.

Introducing Thunder Bay and Newfoundland



ST. JOSEPH'S CARE GROUP



Thunder Bay

Denise Taylor and Team

Implementation and Evaluation
Specialist, *Thunder Bay*

Denise is the Manager of the North West Regional Rehabilitative Care Program. The program improves access to best practice quality rehabilitation across the Northwestern Ontario. She has a passion for system integration and is a strong advocate for clinicians and clients in the north, access to rehabilitation for Indigenous populations, and breaking down geographical barriers through the use of technology.

Amy Prince, Grant Snedden, and Kimberly Coombes

Implementation and Evaluation
Specialists, *Newfoundland*

Newfoundland



NL Health
Services

Please welcome our new site, Newfoundland and Labrador Health Services, along with their team! **Amy Prince** is the SCI Coordinator/Navigator for NL Health Services. We're also pleased to introduce the new IES' for Newfoundland's site: **Grant Snedden** who is a Physiotherapist and **Kimberly Coombes** who is an Occupational Therapist!

INTRODUCING NEW MEMBERS

We would also like to welcome two new members from London! Thuvaraha and Kristen have been helping with the Consortium for Parkwood Institute.

Welcome New Members from Parkwood Institute, London

Thuvaraha Jeyakumaran
Knowledge Mobilization
Specialist, *London*



Thuvaraha is currently a Research Coordinator and Knowledge Mobilization Specialist at Parkwood Institute. Thuvaraha has a Master's Degree in Global Health Systems and her research interests include health equity, knowledge translation and implementation science, especially in the context of marginalized populations. She hopes to further develop her skills in these areas and promote sustainable and evidenced-based interventions to achieve equitable healthcare.

Kristen Johnson
Implementation and
Evaluation Specialist, *London*



Kristen is an occupational therapist at Parkwood Institute in London, Ontario on the Spinal Cord Injury Program. She has worked as an OT at Parkwood for over 5 years with experience in both inpatient and outpatient stroke, SCI, and other neurological conditions. Kristen is an advocate for enhancing quality of life of patients and implementing quality improvement initiatives into clinical practice.

HIGHLIGHTING SCIO

Spinal Cord Injury Ontario has been working on developing a new educational resource on **Intermittent Catheterization** for People with Female Genitalia with Lyndhurst this fall! The team working on the project includes SCIO staff, Lyndhurst staff and people with lived experience. These are the topics that will be covered:

Intermittent Catheterization Resource

1

Introduction to Female Pelvic Anatomy – recognizing with barriers and stigma surrounding pelvic health, some people may not be familiar with their anatomy

2

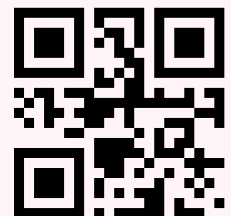
IC Demo(s) – women with SCI wearing clothing show positioning, placement of supplies and tips

- doing an IC in bed (person with paraplegia, transfers to bed)
- doing an IC in a public washroom (ambulatory person with partial paralysis)
- doing an IC in a public washroom (person with quadriplegia, no transfer)

3

Using an Intermittent Catheter: Myths and Lessons Learned

Thanks to the team at Lyndhurst and Parkwood for facilitating filming, as well as the people with SCI who contributed myths and demonstrated techniques. We anticipate having the series of short videos completed for early **January, 2024**. We will be hosting a virtual Peer Connections session on the same topic this winter and all are welcome to attend. Subscribe to the FYI on SCI for updates on new content, and visit [cortree.com](https://www.cortree.com) to learn more.



CONTINUING IMPLEMENTATION CORNER

This is the second issue of the "Implementation Corner" and will be highlighting Step 1 of the implementation process: **Forming and Re-engaging the Team**. If there are any suggestions or topics related to implementation, please message Jordan Eggiman-Ketter to have it featured in the subsequent "Implementation Corner" segment.

Segment 2: Step 1: Forming or Re-engaging the Team

Implementation Team

- Core group of individuals (e.g., 3-5 or more) who have special expertise with innovations and implementation strategies, who are accountable for guiding the overall implementation
- Important to include persons with lived experience (PWLE) to share experiences and knowledge
- **Benefits:** Provides a focused and accountable structure to increase the likelihood that this effort will not be abandoned or derailed.

Role of the IES

- **Lead** and **participate** in the development and implementation of indicators
- **Facilitate** practice for frontline clinicians
- **Guide** the Site Implementation Team (SIT)
 - **Work** with the SIT team throughout all stages of implementation to ensure successful and sustainable implementation:
 - **Liase** with implementation science expert(s) to address site specific implementation issues
 - **Support** the development of implementation expertise within the site

Key Team Activities

1. **Move** the project through the stages
2. **Ensure** that implementation drivers are integrated and successfully embedded in the overall effort (Create an action plan)
 - Identify barriers and find solutions
 - Identify facilitators and institutionalize them
3. **Engage** the stakeholders and community
4. **Take part** in data-based decision-making (Use Improvement Cycles)



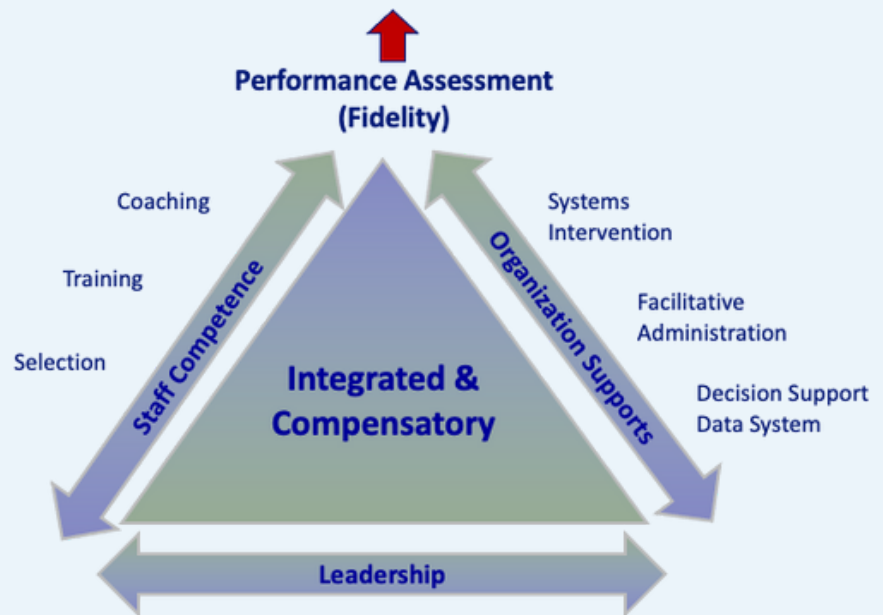
CURRENT STATE IMPLEMENTATION CORNER

Many sites are on Step 4 of the implementation process which is: **Creating an Action Plan**. Below are some key points to creating and working on your action plans!

Step 4: Creating an Action Plan

Drivers Analysis

- Prioritize and rank which items need to be completed first
- Look across all drivers
 - Competency Drivers
 - Organization Support Drivers
 - Performance Assessment & Evaluation Drivers



Action Plan

- The template below will help you fill out your Action Plan
- Once completed, start implementing your plan!

Driver	Activity	Stakeholders	Responsibility	Comments/Status
Competency Drivers				
Selection				
Training				
Coaching				

EXPANDING PATIENT ADVISORY PANEL

We are very pleased to announce an important expansion to the organizational structure of the SCI IEQCC: the formation of a Patient Advisory Panel! The members of this panel come from the various sites within the Consortium. As part of the Consortium structure, they will contribute to the advancement of the quality improvement initiative by offering their insights and perspectives from their lived experience with spinal cord injury.

To date, there have been two orientation meetings to onboard 11 patient advisors. At the Consortium Summit meeting on November 21, 2023, we were happy to welcome the members of the Patient Advisory Panel!

The Role of a Patient Partner:

- **Work** across Canada with the Spinal Cord Injury Implementation and Evaluation Quality Care Consortium (Consortium)
- **Bring** lived expertise and perspectives to this role, while participating in collaborative conversations related to a national quality improvement initiative
- **Share** views and knowledge on patient engagement, provide feedback on current processes, identify potential problems and barriers, and contribute to the design of effective strategies for community follow-ups
- **Provide** feedback and give context to the interim results using their own backgrounds and communities' perspective, and contribute to plans for communicating the results with target audiences



Visit the website for more information: <https://www.sciconsortium.ca/>

UPDATE ON THE POSSIBILITIES PROJECT+

WHAT IS THE POSSIBILITIES PROJECT PLUS

The Possibilities Project Plus (PP+) is affiliated with St. Joseph's Health Care London and in partnership with Spinal Cord Injury Ontario (SCI Ontario).

Our objective is to create an online platform that facilitates the transfer of assistive technologies (**free of charge**) by creating a "swap-shop". The PP+ works to connect persons in need of essential medical equipment to individuals looking to donate

**THE
POSSIBILITIES
PROJECT PLUS**



Help us grow our reach and follow us on Instagram!



@possibilitiesprojectplus

Updates



As of August 29th, 2023, the PP+ has officially launched publicly! Thank you to anyone who had attended the launch or have been using the platform. If you have equipment to donate or need equipment/know someone who needs equipment, please check out the [PP+ website](#) to view the available equipment!

- On September 13th 2023, the Possibilities Project Plus officially became affiliated with St. Joseph's Health Care London

PP+ AGENTS

Agents are members from the PP+ Team whose role is to support clients, community organization partners and clinicians navigate the PP+ service(s), online site and program features. The Agents are here to help with the unique needs as identified by their client.

CALL TO ACTION



1. **Donate Equipment:** Work with our agents to post equipment on our site and find a new home for it
2. **Receive Equipment:** If you or someone you know are in need of equipment, contact us to get matched with an agent

Please contact the Possibilities Project Plus email for more information or if you have any questions! Find the PP+ email and link to the website below:



Email: possibilitiesprojectplus@sjhc.london.on.ca | <https://www.possibilitiesprojectplus.ca>

CONSORTIUM AT SCI NATIONAL CONFERENCE

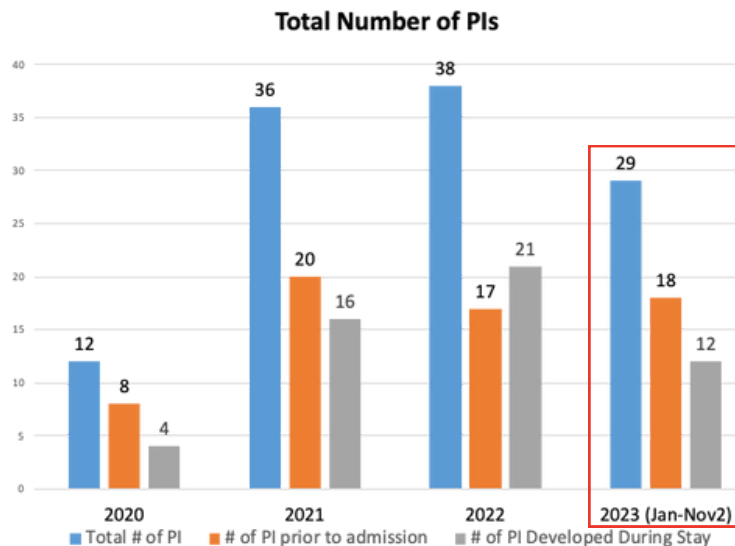
Hamilton



Workshop # 11: Implementation of a Structured, Comprehensive Education Program for Staff and Patients is Effective in Reducing Pressure Injuries On a Spinal Cord Injury Rehabilitation Unit.

Congratulations to Jennifer and Carmen on their work on reducing pressure injuries and revising their practice around skin and wound prevention and management!

Poster: SCI-IEQCC Network and SCI-Ontario: Working together to develop a skin check video resource for pressure injury prevention in spinal cord injury



The Ottawa Hospital | L'Hôpital d'Ottawa

Poster: Chart review of a sexual health implementation for inpatients with spinal cord injury

Ottawa

Poster: Collaborative approach to create a 'Skin-foGraphic' to teach skin checks to patients with spinal cord injury

Toronto



Poster: Establishing a multisite quality improvement network: lessons learned from SCI-IEQCC.

Presentation: Understanding the needs of marginalized groups and transitions in care and their impact in care delivery.

We are happy to share we have been collaborating with **Neurotrauma Care Pathways** to help address the needs of marginalized group!



<https://cscira.ca/events/10th-national-sci-conference-inclusivity-and-engagement/>

CONSORTIUM UPDATES

Upcoming dates ...



Data Transfer:

- Feb 12th, 2024

Network Meeting:

- Jan 17th, 2024

Happy Holidays and Happy New Year!

Happy Holidays! Wishing everyone a wonderful time during the end of the year and looking forward to 2024!



Dr. Cathy Craven
Evaluation Lead



Farnoosh Farahani
Consortium Manager



Dr. Dalton Wolfe
Implementation Lead



Thuvaraha Jeyakumaran
Implementation Support



Jordan Eggiman-Ketter
Implementation Support



Maryam Omidvar
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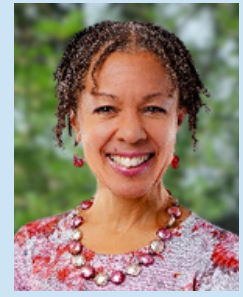
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